RICHMOND COMMUNITY SCHOOLS MIDDLE SCHOOL LUNCH MENU — NOVEMBER 2023

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple. Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored. *Menu Subject to Change Without Notice*		Chicken Alfredo over Rotini Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese	Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub	Half Day
Nutritional information is available on the Food Service web page of the Richmond Community School District Website. "USDA is an equal opportunity provider and employer"		Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Pears	
Chicken & Waffles French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	7 No School	Mac & Cheese Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub California Blend Vegetables Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Pears	Nacho Grande Pepperoni Calzone Chicken Nuggets Grape PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Applesauce
Chicken Drumstick w/ Mashed Potatoes & Gravy French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	Hot Dog w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	Lasagna Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	16 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Pears	Walking Taco Pepperoni Calzone Chicken Nuggets Strawberry PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Applesauce
Holiday Meal Turkey Breast Mashed Potato w/ Gravy Corn Dinner Roll Fruit Slushee Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Carrot Coins Romaine Salad Seasonal Fresh Fruit* Diced Peaches	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break Give Thanks
Popcorn Chicken Bowl French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	Chicken Alfredo over Rotini Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	30 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub Green Beans Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit*	Product of Michigan Richmond Community Schools Will participate in MI Farm to School. (*) = food choice utilizing MI based items.

Pineapple Tidbits